

# The Community of Hearts



The Heartfulness Center of Cleveland had its inception in 1978, starting as a grassroots group meeting in living rooms for meditation. We have had the good fortune to grow up together as a group, continually expanding our outreach to the community with a vision for the future. Over the decades we have hosted and participated in many local, national, and international events teaching Heartfulness Meditation to all those seeking inner peace and tranquility.



In our commitment to growth and change we have had many renditions of expansion, finding better ways to offer our volunteer services to the greater community. This endeavor for Cleveland to become an International City of Peace has long been inspired by the visionary founder of Heartfulness, Shri Ram Chandra. On 8th July 1957, even before we had the technology and the world wide web, Shri Ram Chandra, wrote a letter to the United Nations sharing his solution for a peaceful united world.



An excerpt from his letter to the UN:

*“Let all brothers and sisters sit daily at a fixed hour individually at our respective places and meditate, thinking that all people of the World are growing peace-loving and pious. This process, suggested not with exclusively spiritual motives, is highly efficacious in bringing about the desired result and weaving the destiny of the miserable millions. With prayer for the success of your noble mission.”*

Heartfulness became an NGO with the United Nations Department of Global Communications (UN DGC) on 12 December 2005. The United Nations recognizes that solidarity and goodwill among the world's nations and peoples, and the assumption of collective responsibility, are necessary for the establishment of a world in which everyone may enjoy lasting peace and a sustainable life. To this end, the UN has been establishing partnerships with local, national, and international, non-profit, service-oriented, voluntary groups that share similar values.

In June of 2021, in an effort to invite more people to join in this effective nightly practice, the Heartfulness Meditation Center in Cleveland, Ohio, USA, took this individual practice one step further. The group initiated a virtual nightly Intention for Peace via Zoom. By making this practice available to a larger group of people, this “Community of Hearts”, again expands its vision, this time into the ever-growing virtual community. “The intention of the Community of Hearts is to contribute to universal peace. We bring together as many hearts as possible each night at 9 PM EST to create within and radiate from each heart the feeling of peace and universal love. When we come together as a group, we create synergy that affects the collective consciousness of our planet.”

The Community of Hearts of the Cleveland Heartfulness Center offers a modern-day version of the call to action that Ram Chandra suggested years earlier to the United Nations. The Heartfulness organization is a non-profit run entirely by volunteers.

Our objective is to help people find peace of mind in a world facing so many distractions.

For complete information on all our initiatives: [www.heartfulnessmeditationcleveland.org](http://www.heartfulnessmeditationcleveland.org)

*“Believe in yourself and find a way forward, no matter what the challenge.”*

Daaji



## VISION

We envision Cleveland, Ohio, as a vibrant beacon of peace and wellbeing, actively fostering an environment where each individual is empowered to reach their full potential. Our community is a tapestry of inspired individuals who collectively create harmonious and thriving homes, educational institutions, businesses, and governance. In every facet of community life, both locally and globally, we are committed to embodying and spreading the ethos of unity and peace."



## MISSION

Our mission is to uphold a culture of peace that celebrates our shared humanity and our deep connection to all forms of life. We endeavor to forge a partnership of citizens and visionary leaders from diverse backgrounds and disciplines, dedicating our collective creativity to initiatives, educational programs, and services that cultivate a lasting legacy of peace and holistic well-being — for ourselves, society, and the Earth.

We are committed to a daily practice of unity, where at 9pm EST, individuals connect virtually in a shared Intention for Peace and Universal Love from our hearts to the vast expanse of the universe.

## GOALS

In every facet of our community whether it be the arts, environment, education, community efforts, government, or religious organizations, we honor the interconnectedness of all life. Our goal is to bring the values of Heartfulness and Peace together to each endeavor for the betterment of our society and communities that we are called upon to support.

Connect with us: [cleveland.oh@heartfulness.org](mailto:cleveland.oh@heartfulness.org)

